U.S. TRUST

Bank of America Private Wealth Management

Cordially invites you to . . .

Your Health is Your Wealth

A special 2-part empowerment program for women

Speakers:

Maria Kutscher, CFA®, CFP®
Senior Vice President, Private Client Advisor
U.S. Trust, Bank of America Private Wealth Management

Margaret Aranda, MD, PhD
Center Physician / Fellow, Age Management
Cenegenics Beverly Hills
Author, The Rebel Patient™

R. DeDe Soto, Esq.
The Soto Law Group
Newport Beach, CA

Join us at this timely event to become more physically, mentally and financially fit!

PROGRAM DETAILS

When: Tuesday, February 27

Time: 11:30 am – 1:30 pm **or** 5:30 pm – 7:30 pm

Where: U.S. Trust, Bank of America, 500 Newport Center Drive, Ste. 400, NB 92660

Part I: An Introduction to Age Management

In this segment, we will explore the age management process and healthy aging regimens to help you look and feel your best, such as low glycemic nutrition, nutritional supplementation and the correction of metabolic and hormonal deficiencies that commonly accompany the aging process. The goal is to keep you at the lowest possible risk for diseases associated with aging -- such as heart attack, stroke, diabetes, Alzheimer's, osteoporosis and cancer.

Part II: Aging and its Financial & Legal Implications

Perspective, research and practical insights created in collaboration with The Center for Innovative Care in Aging at the Johns Hopkins University School of Nursing.

In the best case, you may be retired for nearly as long as you worked full time. Longevity brings with it both opportunities and challenges. There is no question that even with the best age management practices, health issues can interrupt the carefree retirement you may have planned. In this segment, we will help you understand the true realities of aging and the financial, legal, emotional and family considerations that should get the proper attention well in advance so that you can plan accordingly and have contingency plans in place.

Complimentary food/beverages and validated parking provided. Limited seating.

Please RSVP by February 23 to: jasmine.sandhu@ustrust.com or 949-760-4549.

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